

# Community Counseling Resource List

## **Crisis Lines:**

King County (24 hours) 206-461-3222 or 866-4CRISIS

Pierce County (24 hours) 800-576-7764

Crisis Text Line (24 hours) Text HOME to 741-741

Teen Like 866-833-6546

Trans Lifeline 1-877-565-8860 and [translifeline.org](http://translifeline.org)

Suicide & Crisis Lifeline 988

Crisis Text Line via Facebook – “Send Message” at [facebook.com/crisistextline](https://www.facebook.com/crisistextline)

The Trevor Project <http://www.thetrevorproject.org>

## **Samaritan of Puget Sound –**

13 Locations including South King County

Call: 206-527-2266

Sliding-scale fee. No Medical coupons accepted.

## **Valley Cities Counseling and Consultation –**

